



The Colleton Pool

General rules

'Stay at Home' National Guidance should be followed by anyone with symptoms of Coronavirus (Covid-19) as listed by the NHS. All pool users and spectators must use the hand gel provided on entry to and exit from the poolside area.

All swimmers should arrive ready to swim and having used the toilet where possible. At the end of the swimming session, swimmers should dry off poolside and return home to change. Toilets and changing rooms will be open but their use should be minimised as these are areas of increased transmission. Time inside should be minimised and those over the age of 11 should consider wearing a mask in the toilets or changing rooms.

Whilst social distancing requirements have been removed by the government, pool users should respect other users and their space.

Anyone who tests positive for Covid-19 and had been experiencing symptoms within 48 hours of using the pool should email thecolletonpool@gmail.com.

There is a limit of 30 swimmers per session.

Information for Spotters

Please ensure you use hand gel before unlocking the key box.

Hand-operated whistles have been provided in place of standard blown whistles.

Gloves, a mask and apron should be worn whilst performing any First Aid (located in the lockable spotters box).

In addition to the opening procedures, the following should be performed:

- Ensure that the hand gel dispenser and printed Covid-19 procedures from the Spotters box are on the table by the gate
- Ensure that the sign reminding people to use hand gel is attached to the gate
- Toilet and changing room windows should be opened at the beginning of the session

In addition to the closing procedures, the following should be performed:

- Toilet and changing room windows should be closed at the end of the session



The Colleton Pool

Normal Operating Procedures 2022

Pool Dimensions

Length: 12 metres, Breadth: 7 metres, Depth: 0.9 metres constant

Definition of a 'Lead Spotter'

A 'Lead Spotter' is defined as an adult holding a valid resuscitation qualification. The qualification must have been gained at a Colleton PTA (CPTA) run resuscitation course or an alternative First Aid course which includes resuscitation. If a non CPTA gained First Aid qualification is to be used a valid certificate must be produced and a copy kept by the CPTA.

Definition of an 'Assistant Spotter'

An 'Assistant Spotter' is defined as an Adult who is a competent swimmer (in the context of the size and depth of the pool).

Any reference to a 'Spotter' in this document includes both Lead and Assistant Spotters unless otherwise stated.

Anyone acting as a Spotter cannot be responsible for any child under the age of 8. Anyone wishing to act as a Spotter who has a child under the age of 8 present, must pass the responsibility of their child to another adult at that session. The Spotter must gain the agreement from that adult and document it on the swimming register. The Spotters' child/children must be made aware that they should approach their temporary guardian for help and assistance and not their parent/carer/s.

The Spotter's Role

Supervision

The Spotters have responsibility for the safety of all swimmers. This involves not only keeping a careful eye on pool users to make sure that they are not in any difficulty, but also ensuring that their behaviour does not cause injury to themselves or other users. Should an incident occur, they must be able to make a rescue, and the Lead Spotter must be able to give appropriate first aid and effect the emergency procedure. Spotters must be prepared to enter the water immediately if necessary.

Pool users must not enter the pool until Spotters are in position beside the pool. Spotters are not allowed to swim whilst supervising. The role of the Spotters is very much in supporting and not replacing parents or carers. Parents should supervise their child in the same way they would if they were at a beach or at an unsupervised swimming site.

The Spotters chairs should be positioned with a clear, unobstructed view down the pool. An umbrella should be used to reduce glare if necessary. It is good practice for Spotters to patrol the pool area periodically to ensure that no hazards have arisen since the session opened.

Duties of a Spotter

The key functions of the Spotters are to:

- keep a close watch over the pool and the pool users, exercising the appropriate level of control;



- communicate effectively with pool users, and colleagues;
- anticipate problems and prevent accidents;
- intervene to prevent behaviour which is unsafe;
- identify emergencies quickly and take appropriate action;
- carry out a rescue from the water;
- give immediate first aid to any casualty (Lead Spotter).

Maximum bathing loads

The maximum number of persons allowed in the pool at any one time is **25** for both public and private hire sessions.

Bather Supervision Requirements

Two adults are required for the supervision of bathers at both public and private hires sessions. One of the adults must hold a valid resuscitation qualification and the other should be a competent swimmer. Neither are allowed to swim whilst supervising.

All non-swimmers and spectators should stay away from the pool edge and should not obstruct the view of the Spotters or distract them.

Decision making

It is the responsibility of the Spotters to act as decision makers; any instruction issued by a Spotter must be followed.

Vomiting and Diarrhea

Swimmers should not enter the pool if they have experienced vomiting or diarrhea within the last 48 hours.

Spectators Seating

Spectators should sit away from the edge of the pool and must not obstruct the view of the Spotters. Spotters must ensure that chairs are not positioned in such a way as to cause obstruction in or out of the changing rooms or to pool users.

General rules

- All swimmers must be recorded on the Swimmers Register.
- Only families who have paid for curriculum swimming may use the pool. Colleton children who have not paid may not use the pool as a guest.
- Guests may use the pool, if accompanying a Colleton family who have paid. All guests must complete the Visitor Indemnity Form and this must be signed by their Parent/Guardian if they are under 18.
- Maximum bathing loads must be observed.

Pool users & Parental Supervision

- Pre-school aged children must be accompanied in the water by an adult at all times. Both names must be entered on the Swimmers Register and both count towards the bathing load.



- Any children attending the Colleton School are allowed in the pool without an adult present in the water (this includes any children in the Foundation class who are not yet 5).
- One adult may be responsible for up to 3 school age children.

Children must be accompanied by an adult at all times, with the exception of any Year 5 and 6 children whose parents have given their prior consent and who have provided an emergency contact number. Details of these children will be held in the lockable file at the pool and will be available for each session.

Rules for pool users

- No pushing or throwing in
- No running around pool surroundings
- No diving, jumping in or bombing
- No excessive splashing
- No ducking
- No bullying or fighting
- No food or drink to be consumed poolside
- No jewellery to be worn
- No throwing
- No smoking in the pool area or on the school site
- Pool users should be encouraged to use the steps when entering & exiting the pool
- No use of mobile phones or cameras during sessions

